

Dear XXX Colleagues,

We extend a warm welcome to your clinic as a valued partner in the ACHIEVE project, aimed at enhancing maternal healthcare for individuals experiencing hypertensive disorders of pregnancy in North Carolina. We are thrilled to have your participation as one of several clinics across four counties, including Alamance, Orange, Durham, and Wake.

Your clinic is assigned to ACHIEVE's Cohort 3, which means your Implementation Phase begins April 1, 2025. Leading up to April there are a few ways we would like to help your team to prepare for this phase of the study.

Your clinic has already been introduced to our team members and your designated ACHIEVE nurse coordinator, XXX, will be your point of contact throughout the project. She will facilitate data collection, training, coaching sessions, and simulations all targeted to improve care for pregnant and postpartum patients experiencing hypertensive disorders of pregnancy. Currently your clinic's primary contact for scheduling is XXX. If the primary contact should change, please inform us promptly.

The ACHIEVE project is comprised of three phases:

1. **Baseline Phase:** Your clinic will have completed baseline data collection of Blood Pressure Technique Observations after April 1, 2025.
2. **Implementation Phase:** Beginning April 1, 2025, your team will engage in activities designed to enhance patient care, including trainings, coaching sessions, and facilitated simulations.
3. **Sustainment Phase:** Following Implementation, ACHIEVE staff will continue completing chart audits and visiting your clinic to conduct Blood Pressure Technique Observations, comparing data to determine effectiveness and sustainability.

Overview of Implementation Phase (April 1, 2025 – March 31, 2026)

- **Training:** The ACHIEVE clinical team will provide two training sessions throughout the year to focus on blood pressure measurement technique with respectful care and best practices for recognition and response to severe hypertension with respectful care.
- **Coaching Sessions:** Coaching sessions will occur monthly. Coaching sessions are to work with your Implementation Team to complete quality improvement activities to enhance clinic practices related to hypertension in pregnancy and postpartum.
- **Facilitated Simulations:** Simulations provide clinical staff with an opportunity to practice implementing recognition and response techniques during a scenario in which a standardized patient arrives in at the clinic with severe-range blood pressure.

Data Collection Overview:

- **Blood Pressure Observations:** Your assigned nurse coordinator or ACHIEVE staff member will visit the clinic to observe clinic staff 's technique for measuring blood pressure on a standardized patient provided by ACHIEVE.

- **Chart Audits of Patient Education Documentation:** The purpose of these chart audits is to understand when and how patients receive education about pregnancy related hypertension. Depending on the terms of your Data Use Agreement, a list of eligible patient's charts will be pulled, and a sample of those charts will be audited.
- **Chart Audits of Recognition and Response to Episodes of Severe Hypertension:** The purpose of these chart audits is to understand what has happened when a pregnant or postpartum patient has had a severe-range blood pressure in your clinic. Depending on the terms of your Data Use Agreement, a list of eligible patient's charts will be pulled, and a sample of those charts will be audited.

Payments and Invoicing:

- Quarterly, you will receive a drafted invoice from the ACHIEVE Director of Project Administration, Jessica Bridgman, that will list ACHIEVE activities your clinic participated in over the previous three months and the activities' billable amounts.
- Once we receive an email from your team stating that the drafted invoice is approved, we will process the payment to be sent to your clinic.

Should you have any questions about the invoicing process please contact the ACHIEVE Director of Project Administration, at jessica_bridgman@med.unc.edu.

Connect With Our Team:

For more information about ACHIEVE visit our website at <https://ac3hieve.com/>

Learn more about how we are engaging community members in the study by subscribing to our quarterly newsletter. Subscribe by following this link <https://ac3hieve.com/connect-with-us/>

We are committed to ensuring a positive experience for your team throughout our partnership. Please don't hesitate to contact us with any questions or concerns.

In summary:

Scheduling and Activities: XXX

Lead ACHIEVE Provider for your clinic: XXX

Payments and Invoicing: Director of Project Administration, Jessica Bridgman-
jessica_bridgman@med.unc.edu

Warm Regards,

XXX

ACHIEVE Nurse Coordinator