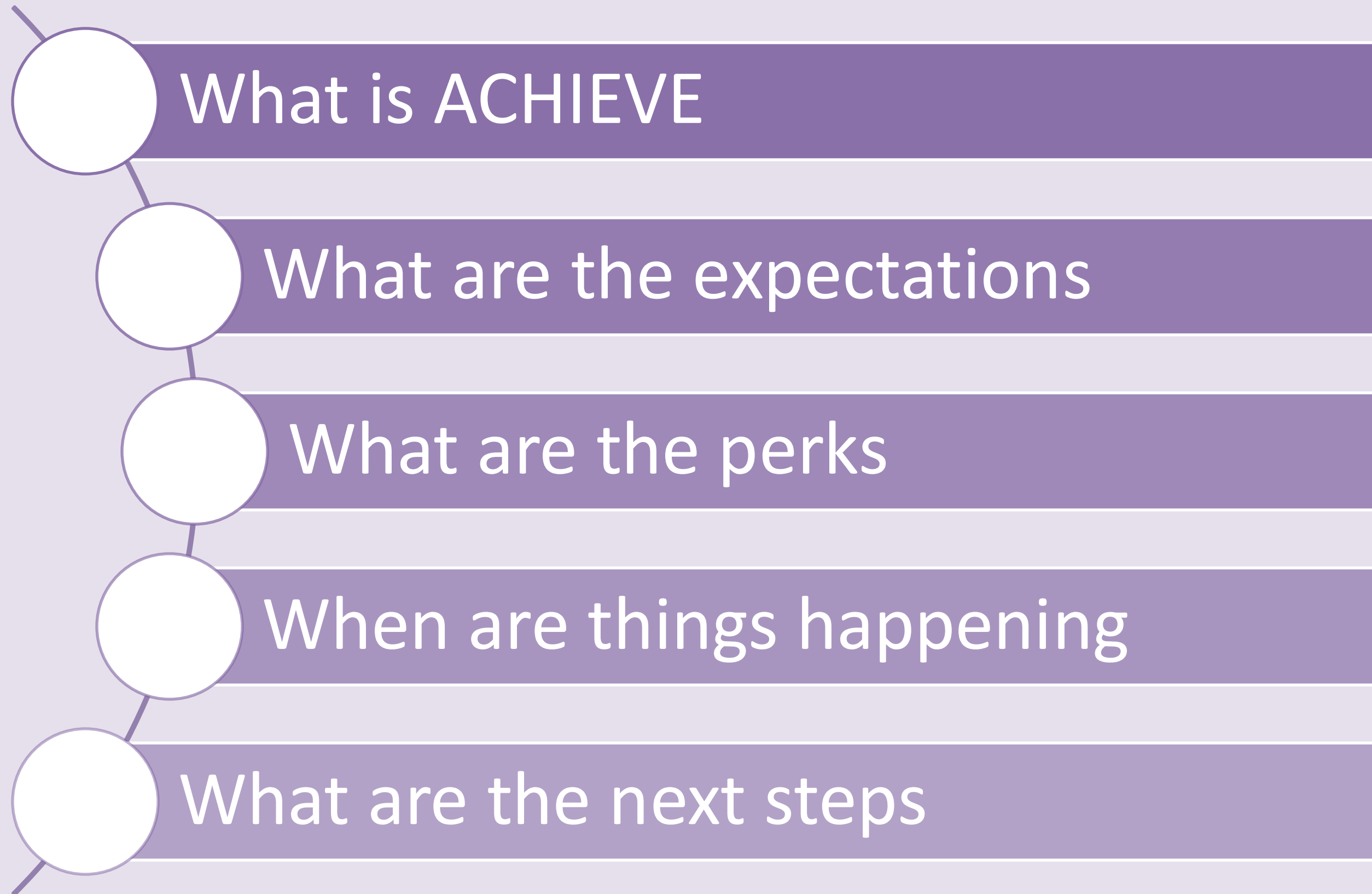


# ACHIEVE



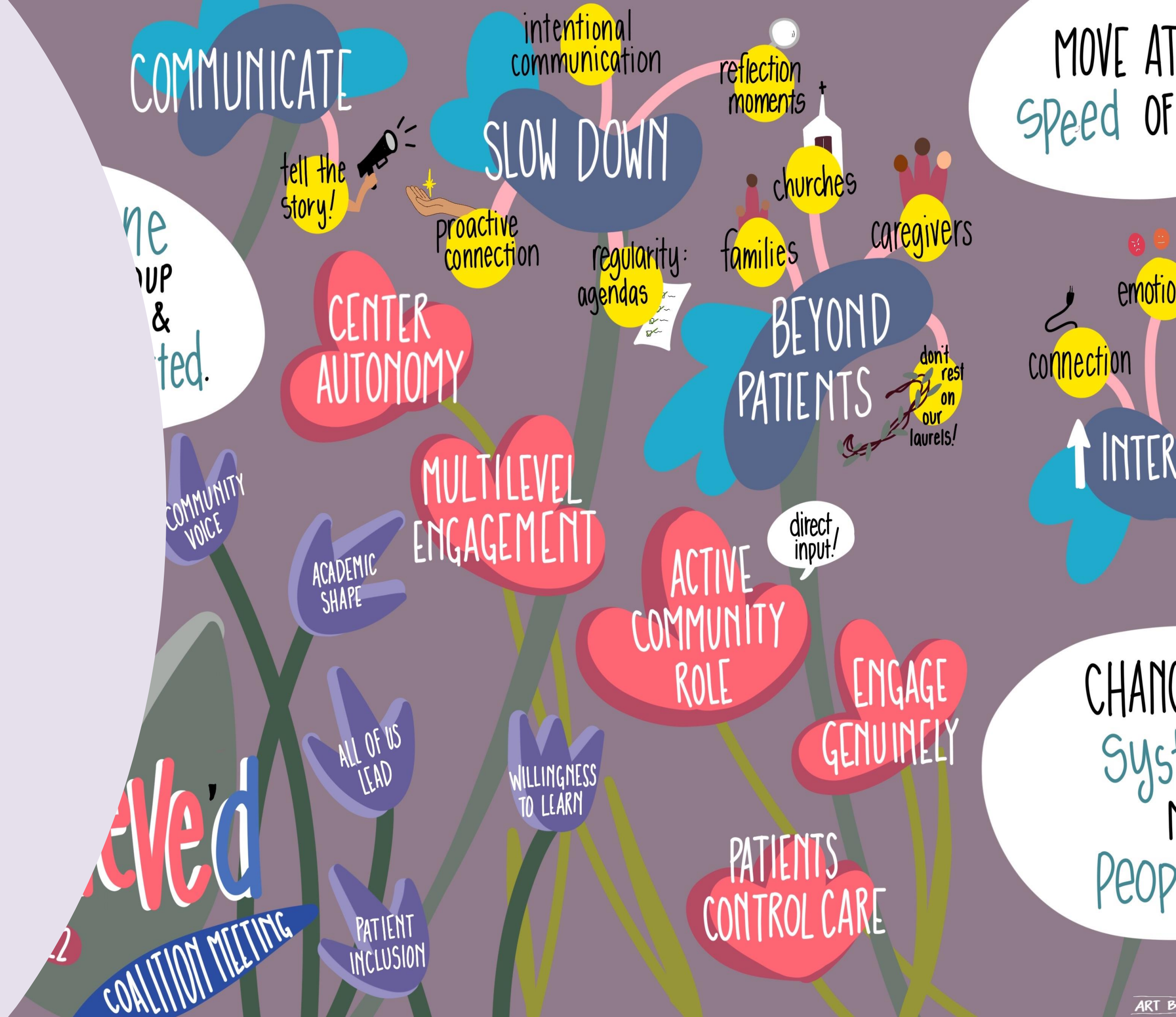
Advancing Community and Clinical Care for Childbirth related Hypertension through Implementation, Engagement, and Valuing Equity





# Goal of ACHIEVE

To demonstrate the impact of implementation strategies on the adoption and implementation of the outpatient hypertension bundle in settings that reach birthing people at the greatest risk for maternal morbidity and mortality



# ACHIEVE

## Outpatient HTN Bundle

- Readiness
- Recognition
- Response
- Reporting
- Respectful Care



# ACHIEVE Implementation Strategies

- Trainings
- Coaching Sessions
- Distributing Education  
Materials
- Simulations
- Community Engagement





# The Implementation Team

At a minimum needs  
to include-

- Medical Assistant  
(or equivalent)
- Nurse
- Provider  
Champion

# Expectations

## Clinic

- Select a provider champion
- Establish implementation team
- Schedule and Participate in trainings and simulations
- Schedule and Participate in blood pressure observations
- Participate in quality improvement activities
- Sustain improvement

## Implementation Team

- Schedule and Participate in coaching sessions
- Tailor protocols to your clinic setting
- Disseminate patient education materials
- Develop / revise policies and procedures to adhere to guidelines
- Participate in data collection surveys and interviews
- Plan how to sustain improvement

# Time Requirements of the Clinic Staff and Providers

Who	Activity	How	Anticipated time required (estimated)
Medical support personnel (eg MAs, CMAs, CNAs)	Blood Pressure Observation	ACHIEVE staff will observe technique for measuring BP (w/standardized patient)	15-minutes per observation
Medical support personnel (eg MAs, CMAs, CNAs)	Blood Pressure Training	ACHIEVE staff will provide training on technique for measuring BP	30-45-minute meeting or asynchronous review of video
All clinical staff	Training on recognition and response to severe HTN in perinatal patients	ACHIEVE staff provide training on the outpatient hypertension bundle and clinic specific algorithm	60-minute meeting or asynchronous review of video
Implementation team (provider, nurse, MSP)	Coaching Sessions	Meetings with ACHIEVE nurse coordinator in person or virtually;	60-minute meetings held monthly
Providers with care team (MA, CNA, nurse)	Simulations	ACHIEVE team facilitates simulations of patient presenting with severe hypertension in the outpatient clinic	30-minutes per simulation
Implementation team (provider, nurse MSP)	Surveys, interviews and/or focus groups	ACHIEVE staff will conduct these activities in person or virtually regarding implementation strategies	15-20 minutes per survey, interview or focus group



# Benefits

- Training and feedback on blood pressure technique
- Training and feedback through simulation
- Monthly implementation coaching from ACHIEVE nurse coordinators
- Resources for educating patients about signs and symptoms of pre-eclampsia
- Clinic data analysis and feedback
- Collaboration with CBOs to improve maternal health
- Continued collaboration with other clinics




















# Community Engagement


# ACHIEVE Clinic Activities





## ACHIEVE IMPLEMENTATION YEAR AT A GLANCE



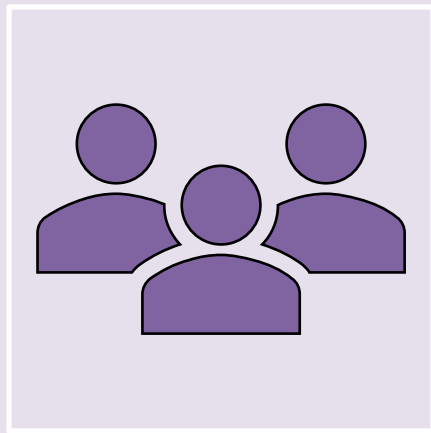
OCTOBER 2024	NOVEMBER 2024	DECEMBER 2024	JANUARY 2025
 Implementation Team Coaching Session  Blood Pressure Observations	 Implementation Team Coaching Session  Simulations	 Implementation Team Coaching Session	 Implementation Team Coaching Session  Blood Pressure Measurement Training (for MSPs)
FEB 2025	MARCH 2025	APRIL 2025	MAY 2025
 Implementation Team Coaching Session	 Implementation Team Coaching Session  Severe Hypertension Recognition & Response Training (all clinical staff)	 Implementation Team Coaching Session  Blood Pressure Observations	 Implementation Team Coaching Session  Simulations
JUNE 2025	JULY 2025	AUGUST 2025	SEPTEMBER 2025
 Implementation Team Coaching Session	 Implementation Team Coaching Session	 Implementation Team Coaching Session	 Implementation Team Coaching Session
SUSTAINMENT			
OCTOBER 2025	NOVEMBER 2025	DECEMBER 2025	JANUARY 2026
 Blood Pressure Observations	 Simulations	 Blood Pressure Observations	 Blood Pressure Observations

 Blood Pressure Observations require all medical support personnel (MSPs) or all clinic staff members who assess blood pressure on pregnant or postpartum patients

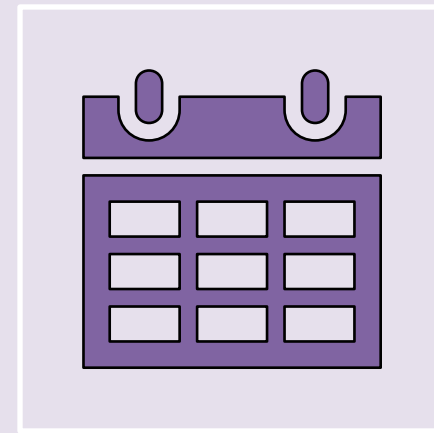
 Simulations require attendance from all members of the clinical team, including providers, nurses, medical assistants and pharmacists

 Implementation Team Coaching Sessions should include the smaller implementation team formed to focus on implementing the ACHIEVE project (MD, RN and MA/MSP at minimum)

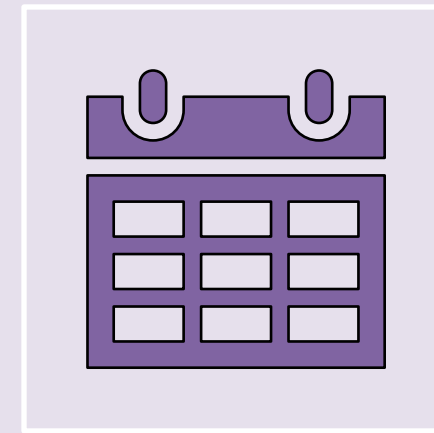
# NEXT STEPS



Establish  
Implementation Team



Complete 1<sup>st</sup> Coaching  
Session



Complete 1<sup>st</sup> round of  
simulations

# QUESTIONS?



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