

# Coaching Session 3

*Laying the Foundation for Severe Hypertension Recognition and Response*



**AC<sup>3</sup>HIEVE**

Advancing **C**ommunity and **C**linical Care for **C**hildbirth-related Hypertension: **I**mplementation, **E**ngagement, and **V**aluing **E**quity

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# Objectives

- By the end of this session the Implementation Team will
  - *Consider how implicit bias may impact the way we take BP*
  - *Review baseline blood pressure measurement results*
  - *Outline a draft protocol for Blood Pressure Measurement.*

# Roles for today's session



FACILITATOR- ACHIEVE  
NURSE COORDINATOR



TIMEKEEPER-



RECORDER-

# Today's Agenda

- During our time together today we will:
  - *Recap last session*
  - *Develop or Refine Blood Pressure Measurement Policy*
    - Review major takeaways from BP Observations
    - Dissect a sample policy
    - Consider where respect fits
    - Outline a draft policy
    - Plan next steps
  - *Revisit Objectives*

# Recap from last session- (5 min)



Developed a shared understanding of respectful care

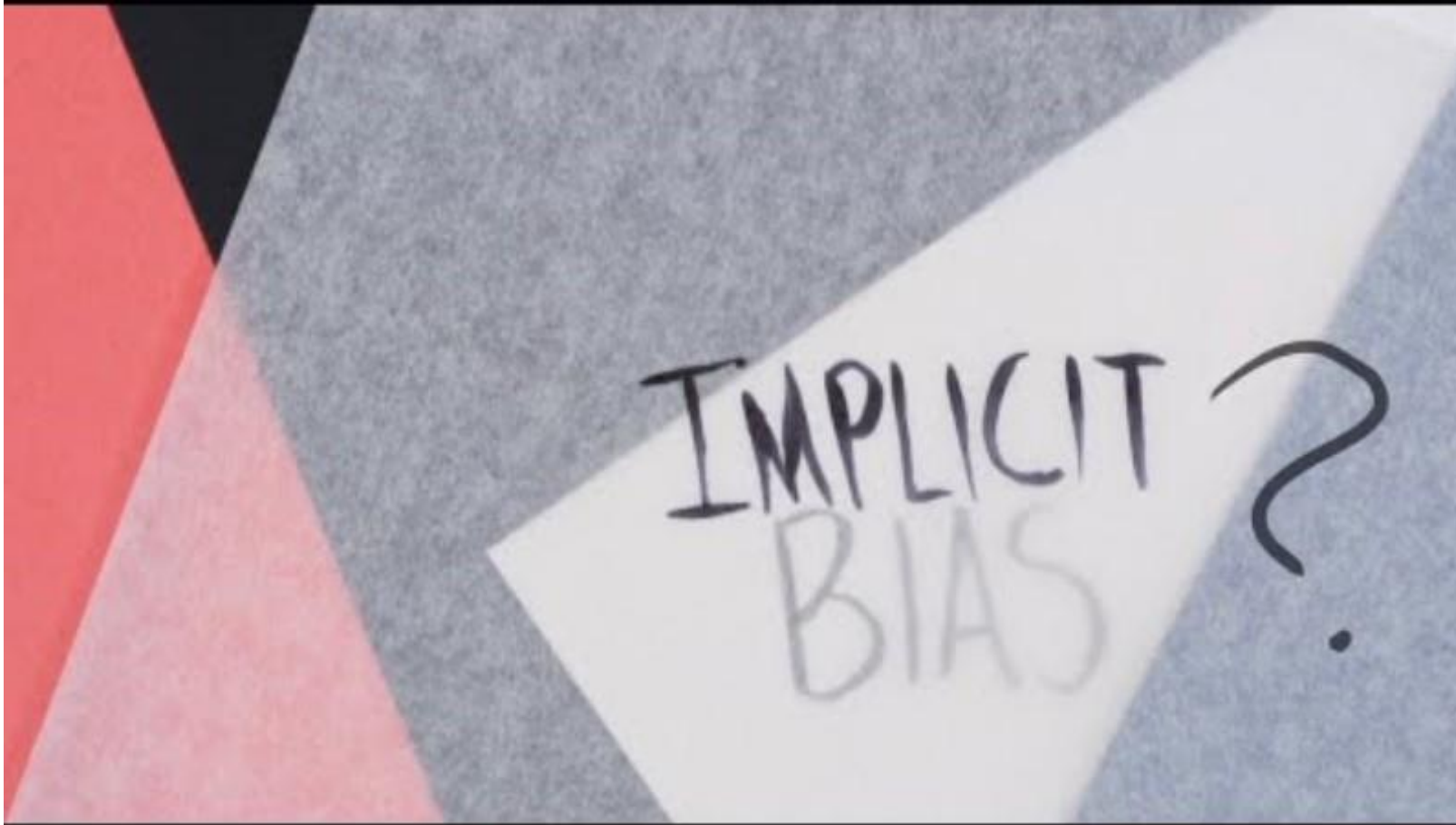


Identified where potential gaps may exist around respectful care



Discussed possible barriers and facilitators to implementation in your clinic

# Why it matters.



# Why it matters.



How does bias impact the way we take blood pressures?



What does respect look like to you when you get your BP taken?

# Blood Pressure Measurement Baseline Data

15 mins in this section





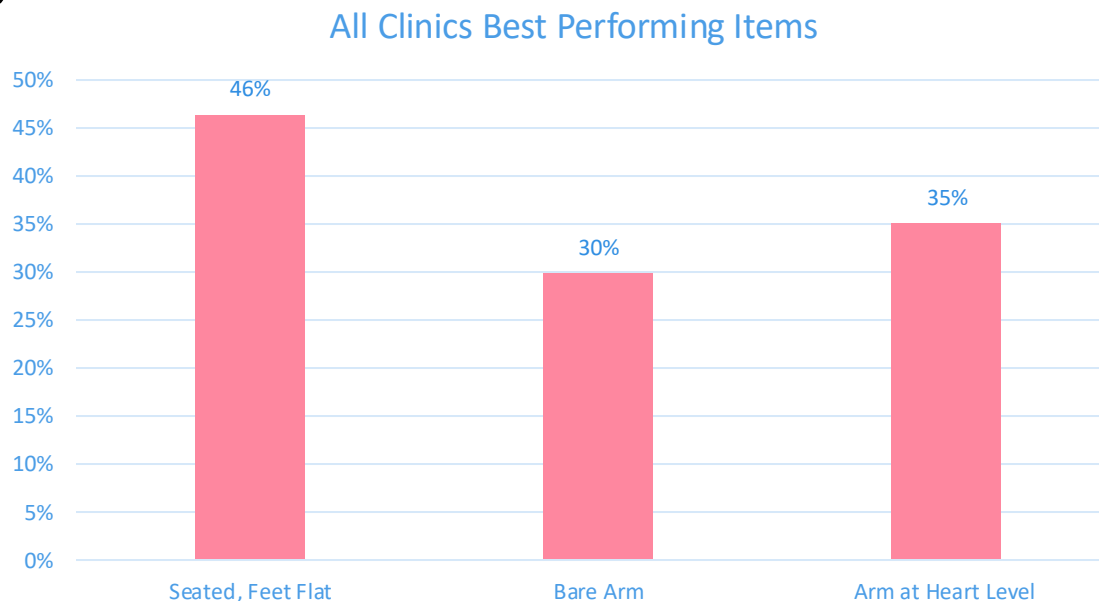
# Baseline BP Measurement Observations

- Three data collection timepoints:
  - October 2023, January 2024, April 2024
- Table (for this clinic):
  - *Number of observations completed overall for this clinic*
  - *How many of the observations were repeating (same participant with different timepoint)*

Number of Observations completed	How many observations were repeated?
17	5

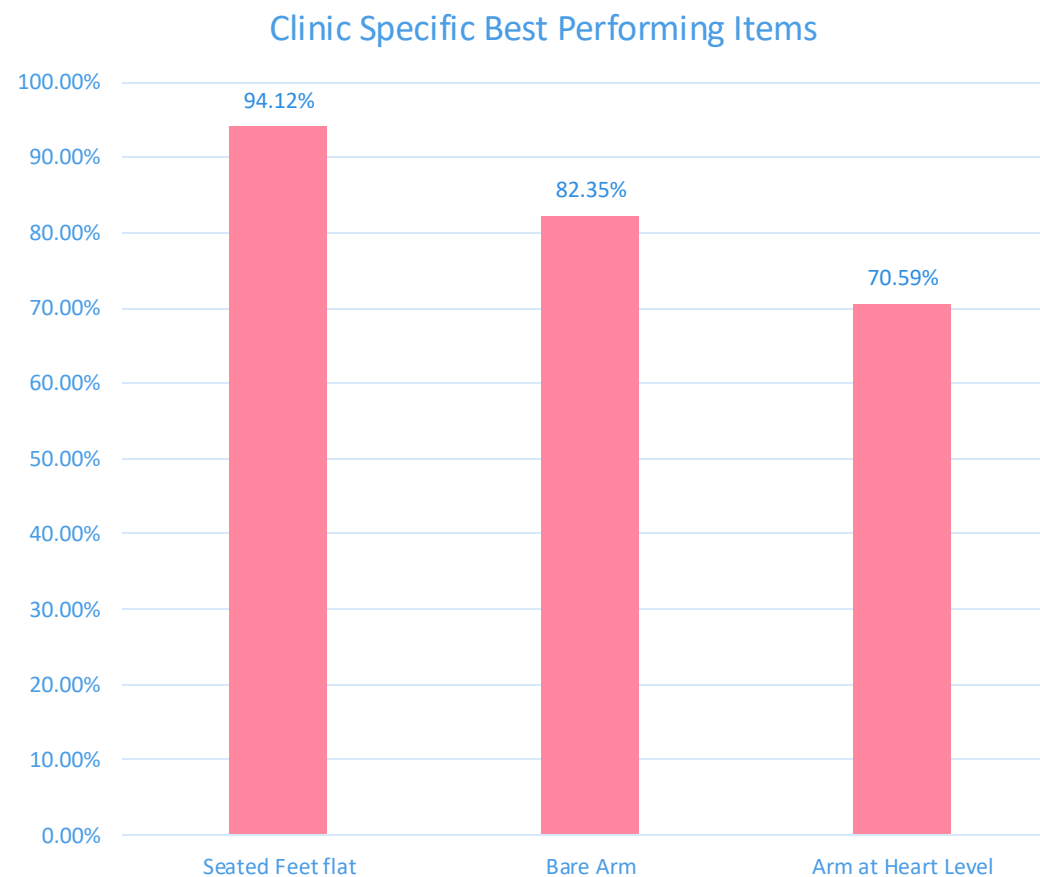
# Baseline BP Measurement Observations

- All clinics – bar chart showing three best performing items and percentages performed correctly vs. Incorrectly



# Baseline BP Measurement Observations

- Specific clinic – bar chart showing three best performing items and percentages performed correctly vs. incorrectly



# Baseline BP Measurement Observations

- All clinics – bar chart showing three worst performing items and percentages performed correctly vs. incorrectly



# Baseline BP Measurement Observations

- Specific clinic – bar chart showing three worst performing items and percentages performed correctly vs. incorrectly



# Blood Pressure Measurement Policy

30 mins in this section



# Make it Your Own (15 min)

## Key Behaviors

- **Prepare Patient**
  - Ask patient to empty bladder
  - Ask patient about nicotine and/or caffeine consumption within the last 30 minutes
  - Have patient sit quietly for at least 5 minutes
- **Proper BP Cuff Fit**
  - Use tape measure to measure the length of arm from shoulder bone to elbow bone in centimeters
  - Mark half-length point and measure circumference in centimeters
  - Reference circumference measurements on cuff to choose correct cuff
- **Patient Positioning**
  - Patient is seated or semi-reclined with both feet flat on the floor and not crossed
  - Bare arm – no clothing
  - Arm supported at heart level
  - No gap between the cuff and the arm
  - Asks patient not to move their arm or talk during measurement

- What in this sample policy works for your clinic?
- What doesn't?
- What needs to be added?
- What needs to be taken out?

# Plan for Next Steps

- What needs to happen next to move this policy into practice?
- Who needs to be a part of doing that?
- How will they do it?
- By when?
- What do we need to check-in on/prioritize next meeting?



# Revisiting our Objective

- By the end of this session the Implementation Team will
  - *Evaluate fit and capacity for implementing the ACHIEVE Bundle*
  - *Understand current barriers and facilitators to quality improvement at this clinic.*
  - *Consider how implicit bias may impact the way we take BP*
  - *Outline a draft protocol for Blood Pressure Measurement.*
- Did we hit our objective?
- What went well today?
- What would help improve the next meeting?

# THANK YOU!

